# Triiodothyronine (T3) Competitive ELISA Kit

Catalog Number EIAT3C (96 tests), EIAT3CX10 (10 x 96 tests)

**Rev** 2.0

**Note**: For safety and biohazard guidelines, see the "Safety" appendix in the *ELISA Technical Guide* (Pub. no. MAN0006706). Read the Safety Data Sheets (SDSs) and follow the handling instructions. Wear appropriate protective eyewear, clothing, and gloves.

### Product description

The Triiodothyronine (T3) ELISA Kit is a solid-phase competitive Enzyme-Linked Immunosorbent Assay (ELISA). This assay is designed to detect and quantify the level of triiodothyronine ( $T_3$ ) in serum, EDTA and heparin plasma, urine, tissue culture samples, and fecal extracts. The assay recognizes triiodothyronine ( $T_3$ ) independent of species.

## Contents and storage

Kit and components are shipped at  $-20^{\circ}$ C. Upon receipt, store the kit at  $-20^{\circ}$ C. Once open, store the kit at  $4^{\circ}$ C and use within 2 weeks. Store the Triiodothyronine (T<sub>3</sub>) Standard and Conjugate at  $-20^{\circ}$ C or lower after opening.

| Components  | Quantity (96 tests) | Quantity (10 x 96 tests) |
|---|---------------------|--------------------------|
| Triiodothyronine (T3) Standard; 200 ng/mL triiodothyronine (T3) in a special stabilizing solution | 70 μL               | 10 x 70 μL               |
| Assay Buffer Concentrate (5X)   | 28 mL               | 10 x 28 mL               |
| Antibody Coated Wells, 96-well strip-well plate coated with donkey anti-sheep IgG                 | 1 plate             | 10 plates                |
| Triiodothyronine (T3) Antibody  | 3 mL                | 10 x 3 mL                |
| Triiodothyronine (T3) Conjugate   | 3 mL                | 10 x 3 mL                |
| Wash Buffer Concentrate (20X)   | 30 mL               | 2 x 125 mL               |
| TMB (Tetramethylbenzidine) Substrate  | 11 mL               | 10 x 11 mL               |
| Stop Solution; contains 1 M HCl, CAUSTIC  | 5 mL                | 1 x 50 mL                |
| Plate Sealer  | 1                   | 10                       |

## Materials required but not supplied

- Distilled or deionized water
- Microtiter plate reader with software capable of measurement at or near 450 nm (preferably with correction between 570 nm and 590 nm)
- Plate washer–automated or manual (squirt bottle, manifold dispenser, or equivalent)
- Calibrated adjustable precision pipettes and glass or plastic tubes for diluting solution

## Procedural guidelines

**IMPORTANT!** Reagents are lot-specific. Do not mix or interchange different reagent lots from various kit lots.

- Review the Procedural guidelines and Plate washing directions in the ELISA Technical Guide available at thermofisher.com.
- Allow reagents to reach room temperature before use. Mix to redissolve any precipitated salts.
- Solutions containing sodium azide will inhibit the activity of the peroxidase conjugate. Ensure that there is no contamination of labware or the plate washer with azide containing solutions.

## Prepare 1X Wash Buffer

- Dilute 15 mL of Wash Solution Concentrate (20X) with 285 mL of deionized or distilled water. Label as 1X Wash Buffer.
- 2. Store the concentrate and 1X Wash Buffer in the refrigerator. Use the diluted buffer within 3 months.

## Prepare 1X Assay Buffer

- 1. Dilute 14 mL of Assay Buffer (5X) with 56 mL of deionized or distilled water. Label as 1X Assay Buffer.
- 2. Store the concentrate and 1X Assay Buffer in the refrigerator. 1X Assay Buffer is stable at 4°C for 3 months.



## Sample preparation guidelines

- Refer to the ELISA Technical Guide at thermofisher.com for detailed sample preparation procedures.
- Collect samples in pyrogen/endotoxin-free tubes.
- Freeze samples after collection if samples will not be tested immediately. Avoid multiple freeze-thaw cycles of frozen samples. Thaw completely and mix well (do not vortex) prior to analysis.
- Avoid the use of hemolyzed or lipemic sera.
- If large amounts of particulate matter are present in the sample, centrifuge, or filter sample prior to analysis.

### Prepare samples

Sample concentrations should be within the range of the standard curve. Because conditions may vary, each investigator should determine the optimal dilution for each application.

Use all samples within 2 hours of dilution, or store at -20°C or lower until ready to perform assay.

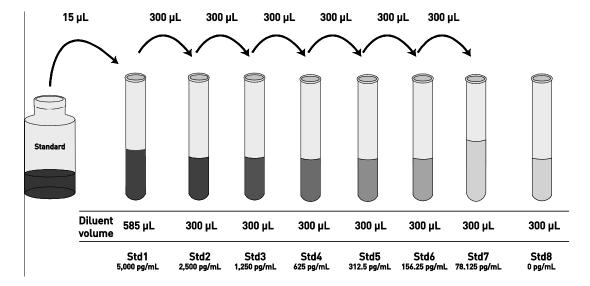
| Sample type          | Procedure   |  |
|----------------------|---|--|
| Serum and plasma     | a. Add ethyl acetate to serum or plasma samples at a $5:1 (v/v)$ solvent:sample ratio.  |  |
| •                    | b. Mix solutions by vortexing for 2 minutes. Allow layers to separate for 5 minutes.  |  |
|                      | c. Freeze samples in a dry ice/ethanol bath and pipet off the solvent solution from the top of the sample into a clean tube. Repeat steps 1-3 for maximum extraction efficiency, combining the solvent solutions.         |  |
|                      | d. Dry pooled solvent extracts down in a speedvac for 2-3 hrs. If samples need to be stored, they should be kept at -20°C.  |  |
|                      | e. Redissolve samples at room temperature in the 1X Assay Buffer. A minimum of 250 $\mu$ L of the 1X Assay Buffer is recommended for reconstitution to allow for duplicate sample measurement.                            |  |
| Urine                | Dilute samples ≥1:4 with 1X Assay Buffer.  Note: A Urinary Creatinine Detection Kit (Cat. no. EIACUN) is available for measuring urine creatinine for normalization of triiodothyronine (T3) in a random urine specimens. |  |
| Dried feces          | See detailed extraction protocol on the product page at <b>thermofisher.com Note</b> : The ethanol concentration in the final diluted Assay Buffer dilution added to the well should be <5%.                              |  |
| Tissue culture media | Perform sample dilutions with the corresponding tissue culture medium.  |  |

#### Dilute standards

**Note:** Use glass or plastic tubes for diluting standards.

Instructions are for diluting standards from 5,000 to 78.125 pg/mL, but a curve can be obtained using a range of 2,500 to 78.125 pg/mL. Choose the range that fits your sample concentrations most appropriately.

- 1. Add 15 μL Triiodothyronine (T<sub>3</sub>) Standard to one tube containing 585 μL 1X Assay Buffer; label as 5,000 pg/mL triiodothyronine (T<sub>3</sub>).
- 2. Add 300  $\mu$ L 1X Assay Buffer to each of 7 tubes labeled as follows: 2,500; 1,250; 625; 312.5; 156.25; 78.125; and 0 pg/mL triiodothyronine ( $T_3$ ).
- 3. Make serial dilutions of the standard as described below in the dilution diagram. Mix thoroughly between steps.
- 4. Use the standards within 2 hours of preparation.



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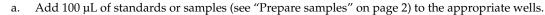
## Perform ELISA (Total assay time: 2.5 hours)

**IMPORTANT!** Perform a standard curve with each assay.

Allow all components to reach room temperature before use. Mix all liquid reagents prior to use.

Determine the number of 8-well strips required for the assay. Insert the strips in the frames for use. Re-bag any unused strips and frames, and store desiccated at 2°C to 8°C for future use. The silica pack in the bag keeps the plate dry, and turns from blue to pink if the bag is not properly sealed.

#### Bind antigen



- b. Add 125 µL of 1X Assay Buffer into wells for detecting non-specific binding (NSB).
- c. Add 25 µL of Triiodothyronine (T<sub>3</sub>) Conjugate to each well.
- d. Add 25 µL of Triiodothyronine (T<sub>3</sub>) Antibody to each well except NSB wells.
- e. Tap the side of the plate to mix. Cover the plate with plate sealer and incubate for 2 hours at room temperature with shaking.

**Note**: If the plate is not shaken the bound of the signals will be ~20% lower.

f. Thoroughly aspirate the solution and wash wells 4 times with 300 µL of 1X Wash Buffer.

### Add chromogen

- a.  $\,$  Add 100  $\mu L$  TMB Substrate to each well. The substrate solution will begin to turn blue.
- Incubate for 30 minutes at room temperature without shaking.
   Note: TMB should not touch aluminum foil or other metals.

#### Add stop solution

Add  $50\,\mu\text{L}$  Stop Solution to each well. Tap side of the plate gently to mix. The solution in the wells changes from blue to yellow.





- 1. Read the absorbance at 450 nm. Read the plate within 10 minutes after adding the Stop Solution.
- Use curve-fitting software to generate the standard curve. A four-parameter algorithm provides the best standard curve fit.
   Optimally, the background absorbance may be subtracted from all data points, including standards, unknowns, and controls, prior to plotting.
- 3. Read the concentrations for unknown samples and controls from the standard curve. Multiply value(s) obtained for sample(s) by the appropriate factor to correct for the sample dilution.

**Note**: Dilute samples producing signals lower than that of the highest standard and reanalyze. Multiply the concentration by the appropriate dilution factor.

### Performance characteristics

#### Standard curve (example)

The following data were obtained for the various standards over the range of 0–5,000 pg/mL triiodothyronine (T<sub>3</sub>).

| Standard Triiodothyronine (T <sub>3</sub> )<br>(pg/mL) | Optical Density (450 nm)* |
|--|---------------------------|
| 5,000  | 0.220                     |
| 2,500  | 0.318                     |
| 1,250  | 0.433                     |
| 625  | 0.562                     |
| 312.5  | 0.697                     |
| 156.25   | 0.801                     |
| 78.125   | 0.878                     |
| 0  | 0.969                     |

Note: The NSB gave a Mean OD value of 0.060.

#### Intra-assay precision

Samples were assayed in replicates of 20 to determine precision within an assay.

| Parameters   | Sample 1 | Sample 2 | Sample 3 |
|--------------|----------|----------|----------|
| Mean (pg/mL) | 629.5    | 1,169.3  | 541.6    |
| %CV          | 6.6      | 5.5      | 6.7      |

CV = Coefficient of Variation

#### Inter-assay precision

Samples were assayed in duplicates in 20 assay runs by four operators to determine precision between assays.

| Parameters   | Sample 1 | Sample 2 | Sample 3 |
|--------------|----------|----------|----------|
| Mean (pg/mL) | 682.4    | 1,193.8  | 587.7    |
| %CV          | 11.6     | 14.0     | 14.7     |

CV = Coefficient of Variation

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### Performance characteristics, continued

#### Expected values

Twenty-one random mammalian serum samples were tested in the assay. Extracted sample values ranged from 246 to 1,105 pg/mL with a mean of 610 pg/mL. Sixteen random mammalian extracted plasma samples were tested in the assay. Sample values ranged from 189 to 810 pg/mL with a mean of 446.6 pg/mL.

Sixteen random urine samples were tested in the assay. Adjusted values for the samples were 187.2 and 2,337 pg/mL with a mean of 1,010.9 pg/mL.

Eleven dried fecal samples from Tigers, Muntjac, Lion, Kudu, Giraffe, Fennec Fox, and Clouded Leopards were run in the assay. Values ranged from 13.0 to 96.0 pg/mg dried fecal weight with a mean of 47.3 pg/mg of dried fecal weight.

#### Recovery

Recovery was determined using urine samples, by taking samples with a high known triiodothyronine concentration and a lower triiodothyronine concentration and mixing them in the ratios given below. The measured triiodothyronine concentrations were compared to the expected values based on the ratios used.

| High<br>Sample<br>% | Low<br>Sample<br>% | Expected Conc.<br>(pg/mL) | Observed Conc.<br>(pg/mL) | %<br>Recovery |
|---------------------|--------------------|---------------------------|---------------------------|---------------|
| 80                  | 20                 | 185.2                     | 187.9                     | 101.5         |
| 60                  | 40                 | 151.0                     | 132.3                     | 87.6          |
| 40                  | 60                 | 116.9                     | 122.2                     | 104.6         |
| 20                  | 80                 | 82.8                      | 91.1                      | 110.1         |

Mean Recovery 100.9%

### Specificity

The following cross reactants were tested in the assay and calculated at the 50% binding point.

| Steroid  | Cross-reactivity % |
|--|--------------------|
| Triiodothyronine (T <sub>3</sub> )                   | 100                |
| Thyroxine (T <sub>4</sub> )                          | 0.88               |
| Reverse T <sub>3</sub> (3,3',5'-Triiodo-L-thyronine) | <0.1               |

#### Sensitivity

The analytical sensitivity of triiodothyronine ( $T_3$ ) is 37.4 pg/mL. This was determined by adding two standard deviations to the mean O.D. obtained when the zero standard was assayed 20 times, and calculating the corresponding concentration.

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Catalog Number











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